

Canyon HS

Strength and Conditioning (M)



## CHS Boy's Strength & Conditioning Camp

**Camp Start Date:** June 8, 2020

**Start Time:** 7:00:00 AM

**Camp End Date:** July 30, 2020

**End Time:** 9:00:00 AM

**Date Details:** Monday - Thursday only

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**Venue Name:** Cougar Stadium

**Venue Address:** 1510 IH 35 North, New Braunfels, TX 78130

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**Camp Cost:** \$75.00

**Questions:** Sheryl Rawlings [sheryl.rawlings@comalisd.org](mailto:sheryl.rawlings@comalisd.org) (830) 221 - 2417

### Special Notes:

Camp Runs from 7:00 AM - 9:00 AM Monday through Thursday. There will be "NO CAMP" - July 6th - 9th & July 20th - 21st. Please have athlete bring their own water bottle. Registrations and Payments will only be accepted online. \*\*\*ALL PARTICIPANTS ARE REQUIRED TO HAVE AN ACTIVE AND UPDATED PHYSICAL FORM TO PARTICIPATE IN ANY PART OF THE STRENGTH & CONDITIONING CAMP\*\*\*

<https://www.comalisd.org/apps/pages/StudentPhysical>

### Medical Info:

Waiver or Claims: In and for consideration of my participation in this program, we hereby agree and promise that we will not hold the Comal Independent School District, its employees, or any instructors responsible for any loss, damages, or personal injuries that we may receive as a result of participation. This waiver liability expressly includes transportation to and from, or in connections with, said program. IN LIGHT OF CURRENT SITUATION, I UNDERSTAND I AM VOLUNTARILY GIVING MY CHILD PERMISSION TO PARTICIPATE IN SUMMER STRENGTH & CONDITIONING IN COMAL ISD.